

# Lutheran Home of Southbury



Empowering People.

Strengthening Communities.



**Ascentria**  
CARE ALLIANCE

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## Who we are

Lutheran Home of Southbury (LHS) provides an interdisciplinary approach to resident care. We offer a short-term rehabilitation program and long-term care to help people optimize their health and well being.

## Services offered

Our rehabilitation services include:

- Physical therapy
- Occupational therapy
- Speech therapy
- Community re-entry support

All therapy programs are customized and developed in coordination with each resident's doctor. Therapists, social workers, nurses and certified nursing assistants provide additional support.

## Residential living options

**Dementia Care** – LHS offers care to people with Alzheimer's and other forms of dementia. Our staff is trained in dementia care and caregivers work closely with family members to provide information on changes in behaviors and symptoms, as well as methods to help communicate with their loved ones.

**Independent Living Community** – LHS is also home to **Parley Manor**, an independent living community for adults who desire the support and security that come from living in a group setting, while remaining in private quarters. Parley Manor residents may access the services offered at the LHS adjoining skilled nursing facility, and will receive preference for admission into the facility, if such care is required.

## Contact us

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Lutheran Home  
of Southbury

A member of Ascentria Care Alliance

*Formerly Lutheran Social Services of New England*